



JUMPSTART!

PREPARATION FOR SOCIAL WORK PRACTICE

2011 Program

August 19 - Incoming distance education students attend

August 19-25 - Incoming full-time students attend

Download handouts at:

<http://ssw.unc.edu/students/jumpstart>



UNC

SCHOOL OF SOCIAL WORK

WELCOME to *Jumpstart! Preparation for Practice*—a conference-like experience that we have developed after listening to and getting input from students and faculty members. The goal of *Jumpstart! Preparation for Practice* is to prepare you for your social work graduate education and set the stage for you to develop the necessary knowledge, skills and understanding of the profession to successfully complete the MSW program. We learned that students wanted specific information and support at the start of their social work program and they also wanted to begin to build a strong sense of community among the student body. I am pleased and excited that you have joined us at the UNC School of Social Work and I am confident that you will be energized by *Jumpstart! Preparation for Practice*. — Jack M. Richman, Dean



THE PROGRAM

Straight Talk About Professional Ethics

Ethics shape our sense of right and wrong, and inform our actions every day. Professionals must incorporate their own values with those of the profession, and understand how to apply ethical standards to complex and vexing dilemmas involving clients and colleagues. This session addresses features of the NASW Code of Ethics, a model for ethical decision making, and the role of moral courage in acting on ethical principles. Participants will learn to apply these concepts to cases from a variety of settings and social work roles.

Interactive Theatre Carolina (ITC)

ITC uses scripted and improvisational theatre to promote health, wellness, and social justice. They believe that when audience members engage the characters and conflict on stage, they are more likely to explore and change their own attitudes and behaviors. This session will explore social justice issues as a beginning place for our discussion on the intersection of social work and leadership.

Overview of Social Work and Leadership

This session is designed to explore leadership within the context of the social work profession. Key elements of leadership will be explored and concepts will be applied to social work practice situations.

APA: Zero to 60 in 90 Minutes!

Whether you're an old hand or new to the *APA Manual of Style*, this fast-paced workshop will rev your writing engine with a review of the APA rules most commonly used for graduate-level papers. Content ranges from basic formatting of citations and tables to organizing information to create a persuasive argument. 1 part lecture + 1 part interactive exercise = priceless experience. Bring notebook and sharpened pencils.

Library Orientation

This session will introduce students to services and resources available through the UNC libraries, with a focus on information specific to Social Work.

Safety in the Field

The 21st Century brings many opportunities and challenges to the field of Social Work. Given these challenges and opportunities, Human Service Professionals are finding themselves in a wide array of situations and environments, some of which present risk to the human service professional. This training has been designed to provide social workers with practical skills and tools that will help to minimize these risks in their practice.

Getting Started with Clients: Some Interviewing Basics

This session is geared for students who are planning either a direct or macro practice concentration and who have limited experience working with clients. Pointers on what to do and what to say during a first interview with a client will be discussed. The workshop will cover topics such as how to frame the meeting, tips for helping to build rapport, and some of the necessary elements when working with clients.

Interviewing: Conducting Mental Health Assessments

This session is designed for individuals who have had human services experience with clients prior to coming to the School. It will use case material to discuss the challenges of completing a mental health assessment and review the necessary components of an assessment. It will be a more detailed discussion than the Getting Started with Clients: Some Interviewing Basics session, as it will include information more on the nuts and bolts of completing an assessment rather than an overview of interviewing goals and skills.

Residency Workshop (Optional)

A workshop for out-of-state students who want to learn about applying for North Carolina residency status.

“A Day in the Life of a Social Worker” Cracker Barrel Sessions

A cracker barrel session is a 25-minute, informative, yet informal, session where professional social workers present information about their agencies, the services they provide and their role in the agencies. Each cracker barrel session is repeated five times and student groups are rotated to the five different service delivery sessions that are being presented: Health Care, Aging, Child Mental Health/Schools, Adult Mental Health/Substance Abuse and Families and Children.

Poverty Simulation

The poverty simulation experience is designed to help participants begin to understand what it might be like to live in a typical low-income family trying to survive from month to month. It also provides insights on working within the human service system. The experience includes an introduction and briefing, the actual simulation exercise, and a debriefing period in which participants and volunteer staffers share their feelings and experiences.

Agency Bus Tour

Get on the bus! The agency bus tour provides an opportunity for students to learn about the social/health services delivery systems serving the triangle in a fun and interesting way. During our trip we will visit three different agencies: Urban Ministries of Durham, The Orange County Senior Center and The Healing Place in Raleigh. We will also have presentations on the bus regarding the history and culture of the Chapel Hill/Carrboro and Durham communities. (The bus tour can accommodate a maximum of 45 participants. Professional dress and demeanor is required.)

Establishing Learning Groups in Field Seminar

Designed to enhance and strengthen the field education experience, students participate twice monthly in Field Education Seminar Groups. The groups are intended to assist students in the integration of classroom learning with the direct experience of the practicum and serve as a peer support group for discussing field education rewards and challenges. In this morning workshop, students will begin to establish their seminar learning groups through small group activity and assessment of individual learning styles.

Field Seminar’s Role in Supporting Learning

This workshop will offer a glimpse into how problem based learning (PBL) and inquiry based learning (IBL) are used in social work field education. Students will be able to identify the three components of IBL in field education, distinguish between IBL and PBL, and identify ways both can be applied in practice settings. Additionally, students will spend time reviewing the Field Education Seminar’s goals and structure, learning about on-line posting and discuss information about getting started in their field placement.



If you have questions, please contact Rebecca Brigham, MSW at brigham@email.unc.edu.

SCHEDULE

- Full-time Chapel Hill students will attend the following schedule on August 19-25.
- Triangle Distance Education Program students will attend only on August 19.

Friday, August 19

8:30 – 9:00 am	Registration for all new Full-time and Triangle Distance Education Students - Room 135
9:00 – 9:15	Welcome to Jumpstart - Auditorium <i>Rebecca Brigham and Joelle Powers</i>
9:15 – 12:00	Straight Talk about Professional Ethics Auditorium <i>Kim Strom-Gottfried</i>
12:00 – 1:15	Lunch - Room 135 Optional Tour of Campus/Bookstore
1:15 – 2:45	Interactive Theatre Carolina Presentation Auditorium
2:45 – 3:00	Break
3:00 – 4:00	Overview of Social Work and Leadership Auditorium <i>Sarah Naylor</i>

Monday, August 22

9:00 – 10:30 am	APA: Zero to 60 in 90 Minutes Blue Group: <i>Susan White</i> - Room 135 White Group: <i>Diane Wyant</i> - Room 300
10:30 – 10:45	Break
10:45 – 12:15	Library Orientation (Participants should remain in the same rooms as APA workshop) <i>Angela Bardeen and Jaqueline Solis</i>
12:15	Free afternoon for groups A, C, D, E, F
12:15 – 1:00	Research Assistant Meeting - Room 300
1:00 – 2:00	Residency Workshop (optional) - Room 135
1:30 – 4:00	Group B: Establishing Learning Groups in Field Seminar - Room 101

Tuesday, August 23

9:00 – 12:00	Safety in the Field - Auditorium <i>Matthew Sullivan</i>
12:00 – 1:15	Lunch (on own)
1:15 – 4:00	Choice of Workshop: Getting Started with Clients: Some Interviewing Basics - Auditorium <i>Mimi Chapman</i> Interviewing: Conducting Mental Health Assessments - Room 300 <i>Michael Lambert</i>

Wednesday, August 24

Choice of one track:

Track 1	
8:15 – 5:00	Bus tour of agencies in the Triangle <i>Rebecca Brigham</i> (Lunch provided)
Track 2	
9:00 – 12:00	“A Day in the Life of a Social Worker” Cracker Barrel Sessions - Auditorium <i>Field Education Faculty</i>
12:00 – 1:15	Lunch (on own)
1:15 – 4:00	Poverty Simulation 5th Floor, Rooms 500 and 532 <i>Laura Weber</i>

Thursday, August 25

9:00 - 12:00	Establishing Learning Groups in Field Seminar <i>Field Education Faculty</i> Group A Room 300, C 101, D 135, E 107, F 500 Group B: Free morning
12:00 – 1:15	Lunch (on own)
1:15 – 4:00	Field Education’s Role in Supporting Learning <i>Field Education Faculty</i> Groups B and E - Auditorium Groups A, C, D, F - Same rooms as above