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EDUCATION

Ph.D., School of Social Work, Columbia University, May 2007

Concentration in Direct Social Work Practice

Dissertation: *Adult Health Care Services and Psychiatric Disorders: The Use and Costs of Health Care Services in a Low Income, Minority Population Coming to an Urban Primary Care Clinic.*

Sponsor: Edward J. Mullen, MSW, DSW

Chair: Katherine Shear, MD

Committee Members: Ellen P. Lukens, MSW, Ph.D.; Mark Olfson, MD, MPH; Myrna M. Weissman, Ph.D.

M. Phil., Social Work, School of Social Work, Columbia University, October 2005

M.S.W., School of Social Work, University of Pittsburgh, April 2001

B.A., Psychology, University of Tennessee at Knoxville, August 1999

GRANTS, AWARDS, AND HONORS

GRANTS

In Preparation

Principal Investigator - Better Beginnings: A Pilot Randomized Controlled Trial of Brief, Culturally Relevant Treatment for Depression in Pregnant Low-Income Adolescents. National Institute of Mental Health R-34 (PA-06-377, Women's Mental Health in Pregnancy and the Postpartum Period). (\$666,000.00)

Co-Investigator - Reducing Depressive Symptoms in Low-Income Low-English Proficiency Latina Mothers in Early Head Start. National Institute of Mental Health R-01. Beeber, Linda S., PI. (\$3,693,227.88)

Under Review

Adolescent Perinatal Depression: Addressing Health Disparities in Low-Income Racial/Ethnic Minority Mothers and their Children through Culturally Relevant, Developmentally Appropriate Evidence-Based Services. National Institute of Health Loan Repayment Program for Health Disparities Research (NIH-2674-1). Beeber, Linda S., Research Supervisor.

Co-Investigator – Feasibility of Reducing Depressive Symptoms in a Community Sample of Low-Income Low-English Proficiency Mothers. National Institute of Mental Health R-34. Beeber, Linda S., PI. (\$666,000.00)

Funded Research

Principal Investigator - Better Beginnings: Testing a Brief, Culturally Relevant Treatment for Perinatal Depression. Junior Faculty Development Award, Office of the Executive Vice Chancellor and Provost, University of North Carolina at Chapel Hill. (\$7,500.00). January 2009-December 2010

Principal Investigator - Understanding Perinatal Depression in Low-Income, Racial and Ethnic Minority Adolescents: Perceptions of Mood and Intervention. Jane H. Pfouts Research Grant, School of Social Work, University of North Carolina at Chapel Hill. (\$1,000). January 2009-December 2010.

Co-Principal Investigator – University-Agency Partnerships for Evidence-Based Practice. Counsel on Social Work Education Evidence-Based Practice Scholars Program. Bellamy, Jennifer L., PI. (\$8,160.00). August 2008-November 2010.

Principal Investigator – Better Beginnings: A Feasibility Test of Brief, Culturally Relevant Treatment for Depression in Pregnant Low-Income Adolescents. ECHO Pilot Grant in Racial/Ethnic Health Disparities, University of North Carolina Program on Ethnicity, Culture, and Health Outcomes. (\$12,000.00). July 2008-September 2009.

Principal Investigator – Better Beginnings: A Feasibility Test of Brief, Culturally Relevant Treatment for Depression in Pregnant Low-Income Adolescents. Research Grant, University Research Council, Office of the Vice Chancellor for Research and Economic Development, University of North Carolina at Chapel Hill. (\$5,000.00). May 2008-April 2010.

Principal Investigator - University-Agency Partnerships for Evidence-Based Practices: A National Survey. Silberman Faculty Grant Program. Bellamy, Jennifer L., Co-PI. (\$40,000). June 2008-May 2010.

Co-Investigator - Feasibility of Screening and Recruitment of Community-Dwelling Mothers for a New Project: Reducing Depressive Symptoms in Low-Income, LEP Latina Mothers. Faculty Summer Research Funds, University of North Carolina School of Nursing. Beeber, Linda S., PI. (\$9,599.00). April 2008-March 2009.

Principal Investigator - Better Beginnings: A Feasibility Test of Brief, Culturally Relevant Treatment for Depression in Pregnant Low-Income Adolescents. Armfield-Reeves Innovation Fund, School of Social Work, University of North Carolina at Chapel Hill (\$25,000). March 2008-August 2009.

Principal Investigator – Better Beginnings: A Pilot Study Testing the Feasibility of Providing Brief, Culturally Relevant Treatment for Perinatal Depression to Low-Income Adolescents. Jane H. Pfouts Research Grant, School of Social Work, University of North Carolina at Chapel Hill (\$4,000). January 2008- December 2008.

AWARDS, SCHOLARSHIPS AND FELLOWSHIPS

Application under review, Ninth Annual Summer Institute on Randomized Clinical Trials Involving Behavioral Interventions, Office of Behavioral and Social Sciences Research, National Institutes of Health. (July 2009).

Finalist, Herbert A. Raskin Child Welfare Pro Humanitate Article Award for Empirically Supported Psychotherapy in Social Work Training Programs: Does the Definition of Evidence Matter? published in *Research on Social Work Practice*, 17 (4), July 2007, p. 449-455. (2009).

Hometown Hero, WCHL Village Pride Award. (November 21, 2008).

Selected to participate in National Institute of Health Summer Institute on Health Services Research: Cross-Systems Research to Improve Health Outcomes (July, 2008).

Dean's Recognition of Teaching Excellence, The University of North Carolina at Chapel Hill School of Social Work (2006-2007).

Elected as speaker representing the doctoral class by the doctoral program committee, School of Social Work Commencement Ceremony, Columbia University (May 2007).

National Institute of Mental Health Pre-Doctoral Training Fellowship, Training Program in Mental Health Services Research, School of Social Work, Columbia University (2003-2006).

Travel Award, School of Social Work, Columbia University (2006, 2005, 2004, 2003).

Graduate Student Research Assistantship, National Institute of Mental Health Center for Mental Health Services Research, University of Pittsburgh (2000-2001).

Travel Award, School of Social Work, University of Pittsburgh, (2000).

PUBLICATIONS

PEER REVIEWED JOURNAL ARTICLES

Betts, K., Weissman, M.M., Verdelli, H., Gameraff, M., **Bledsoe, S.E.**, Mufson, L., Fitterling, H., & Wickramaratne, P. (under review). A national survey of structured diagnostic assessment training in psychiatry, psychology and social work. *Psychiatry Research*.

Bledsoe, S.E., Manuel, J., Bellamy, J.L., Fang, L., & Mullen, E. for the BEST Team. (under review). Implementing Evidence Based Practice in Social Agencies: An Overview of the BEST Training with Practitioner Responses. *Journal of Social Work Education*.

Collins, K.S., **Bledsoe, S.E.**, & Bruce, E.A. (under review). Children's explanations of violence. *Violence and Victims*.

Ison, D., Saltzburg, S., & **Bledsoe, S.E.** (under review). A Nietzschean perspective on church affiliation and self-esteem among same-sex attracted members of the Mormon church. *Smith College Studies in Social Work*.

- Manuel, J., Mullen, E., Fang, L., Bellamy, J. & **Bledsoe, S.E.** for the BEST Team. (in press). Preparing social work practitioners to use evidence-based practice: A comparison of experiences from an implementation project. *Research on Social Work Practice*.
- Grote, N.K., **Bledsoe, S.E.**, Larkin, J., & Brown, C. (in press). Depression in African American and white women with low incomes: The role of chronic stress. *Journal of Health and Social Policy*, 23 (2).
- Bellamy, J., **Bledsoe, S.E.**, Mullen, E.J., Fang, L., & Manuel, J. (2008). Learning from agency-university partnership for evidence based practice in social work: Participant voices from the BEST project. *Journal of Social Work Education*, 44 (3), 55-75.
- Bledsoe, S.E.** (2008). Barriers and promoters of mental health services utilization in a Latino context: A literature review and recommendations from an ecosystems perspective. *Journal of Human Behavior in the Social Environment*, 18, 151-183.
- Bledsoe, S.E.**, Lukens, E.P., Onken, S., Bellamy, J., & Cardillo-Geller, L. (2008). Mental illness, evidence-based practice, and recovery: Is there compatibility between service user identified recovery facilitating and hindering factors and empirically supported interventions? *Best Practice in Mental Health: An International Journal*, 4, 34-58.
- Mullen, E.J., **Bledsoe, S.E.**, & Bellamy, J.L. (2008). Implementing evidence-based social work practice. *Research on Social Work Practice*, 18, 325-338.
- Bledsoe, S.E.**, Weissman, M.M., Mullen, E.J., Ponniah, K., Gameroff, M., Verdeli, H., Mufson, L., Fitterling, H., & Wickramaratne, P. (2007). Empirically supported psychotherapy in social work training programs: Does the definition of evidence matter? *Research on Social Work Practice*, 17, 449-455.
- Grote, N.K., & **Bledsoe, S.E.** (2007). Predicting postpartum depressive symptoms in new mothers: The role of optimism and stress frequency during pregnancy. *Health and Social Work*, 32, 107-118.
- Grote, N.K., **Bledsoe, S.E.**, Larkin, J., Lemay, E.P., Jr., & Brown, C. (2007). Stress exposure and depression in disadvantaged women: The protective effects of optimism and perceived control. *Social Work Research*, 31, 19-34.
- Grote, N.K., Zuckoff, A., Swartz, H.A., **Bledsoe, S.E.**, & Geibel, S.L. (2007). Engaging women who are depressed and economically disadvantaged in mental health treatment. *Social Work*, 52, 295-308.
- Mullen, E.J., Bellamy, J.L., **Bledsoe, S.E.**, & Francois, J.J. (2007). Teaching evidence-based practice. *Research on Social Work Practice*, 17, 574-582.

- Swartz, H.A., Zuckoff, A., Grote, N.K., Spielvogel, H., **Bledsoe, S.E.**, Shear, M.K., & Frank, E. (2007). Engaging depressed patients in psychotherapy: integrating techniques from motivational interviewing and ethnographic interviewing to improve treatment participation. *Professional Psychology, 38*, 430-439.
- Bellamy, J., **Bledsoe, S.E.**, & Traube, D. (2006). The current state of evidence based practice in social work: A review of the literature and qualitative analysis of expert interviews. *Journal of Evidence-Based Social Work, 3*, 23-48.
- Bledsoe, S.E.** & Grote, N.K. (2006). Treating depression during pregnancy and in the postpartum: A preliminary meta-analysis. *Research on Social Work Practice, 2*, 109-120.
- Weissman, M., Verdelli, H., Gameroff, M., **Bledsoe, S.E.**, Betts, K., Mufson, L., Fitterling, H., & Wickramaratne, P. (2006). A national survey of psychotherapy training programs in psychiatry, psychology, and social work. *Archives of General Psychiatry, 63*, 925-934.
- Mullen, E. J., Shlonsky, A., **Bledsoe, S. E.**, & Bellamy, J. L. (2005). From concept to implementation: Challenges facing evidence-based social work. *Evidence and Policy, 1*, 61-84.
- Grote, N.K., **Bledsoe, S. E.**, Swartz, H., & Frank, E. (2004). Culturally relevant psychotherapy for perinatal depression in low-income ob/gyn patients. *Clinical Social Work, 32*, 327-347.
- Grote, N.K., **Bledsoe, S.E.**, Swartz, H., & Frank, E. (2004). Feasibility of providing culturally relevant, brief interpersonal psychotherapy for antenatal depression in an obstetrics clinic: A pilot study. *Research on Social Work Practice, 14*, 397-406.

PEER REVIEWED BOOK CHAPTERS

- Mullen, E.J., Bellamy, J., & **Bledsoe, S.E.** (2007). Evidenzbasierte praxis in der sozialen arbeit. In M. Hüttemann & P. Sommerfeld (Eds.), *Evidenzbasierte Soziale Arbeit: Nutzung Forschung de Praxis* (pp. 10-25). Baltmannsweiler, Germany: Schneider Verlag Hohengehren.

BOOK CHAPTERS

- Mullen, E.J., Bellamy, J.L., & **Bledsoe, S.E.** (2008). Limits of evidence in evidence based policy and practice. In I. Bryderup (Ed.), *Diversity of research methods and approaches in production of knowledge in evaluation of social work practice*. Denmark: Aarhus University Press.
- Fang, L., Manuel, J., **Bledsoe, S.E.**, & Bellamy, J. (2007). Finding existing evidence. In R. Grinnel & Y. A. Unrau (Eds.), *Social Work Research and Evaluation: Quantitative and Qualitative Approaches* (8th Ed.). New York: Oxford University Press.
- Manuel, J., Fang, L., Bellamy, J., **Bledsoe, S.E.** (2007). Evaluating existing evidence. In R. Grinnel & Y. A. Unrau (Eds.), *Social Work Research and Evaluation: Quantitative and Qualitative Approaches* (8th Ed.). New York: Oxford University Press.

- Mullen, E. J., **Bledsoe, S. E.**, & Bellamy, J. L. (2007). Evidence-based Social Work Practice: Implementation Concepts & Issues. In H.U. Otto, A. Polutta & H. Ziegler (Eds.), *What works - Welches wissen braucht die soziale arbeit?* Leverkusen, Germany: Barbara Budrich Publishers.
- Mullen, E.J., Bellamy, J., & **Bledsoe, S.E.** (2007). Best practices. In T. Mizrahi & L. Davis (Eds.), *Encyclopedia of Social Work* (20th Ed.). New York: Oxford University Press.
- Mullen, E. J., Bellamy, J., & **Bledsoe, S.E.** (2007). The cycle of evidence-based practice. In H.-U. Otto, A. Polutta & H. Ziegler (Eds.), *Evidence-based practice - Modernising the knowledge base of social work?* Leverkusen-Opladen, Germany: Barbara Budrich Publishers.
- Mullen, E.J., Bellamy, J., & **Bledsoe, S.E.** (2007). Evidence based practice. In R. Grinnel & Y. A. Unrau (Eds.), *Social Work Research and Evaluation: Quantitative and Qualitative Approaches* (8th Ed.). New York: Oxford University Press.
- Mullen, E., Bellamy, J.L., & **Bledsoe, S.E.** (2005). Implementing evidence based practice in social work: a pilot study. In P. Sommerfeld (Ed.), *Evidence-based social work – towards a new professionalism?* (pp. 149-174). Bern, Switzerland: Peter Lang.

BOOK REVIEW

- Bledsoe, S.E.** (2008). *Clinician's Quick Guide to Interpersonal Psychotherapy*. M.M. Weissman, J.C. Markowitz, & G.L. Klerman. (authors). *Research on Social Work Practice*, 18, 530-531.

TREATMENT MANUALS

- Bledsoe, S.E.** & Sommer, A.R. (in progress). *Brief Interpersonal Psychotherapy for Adolescent Perinatal Depression*. School of Social Work, University of North Carolina, Chapel Hill, NC.

- Swartz, H.A., Grote, N.K., Frank, E., **Bledsoe, S.E.**, Fleming, M.A.D., Shear, M.K. (2004). *Brief Interpersonal Psychotherapy (IPT-B) Treatment Manual*. Department of Psychiatry, University of Pittsburgh School of Medicine, Western Psychiatric Institute and Clinic, Pittsburgh, PA.

- Zuckoff, A., Swartz, H.A., Grote, N.K., **Bledsoe, S.E.**, Spielvogel, H. (2004). *Engagement Session Treatment Manual*. Department of Psychiatry, University of Pittsburgh School of Medicine, Western Psychiatric Institute and Clinic, Pittsburgh, PA.

TRAINING AND ELECTRONIC MATERIALS

- Manuel, J., Mullen, E., Fang, L., Bellamy, J. & **Bledsoe, S.E.** for the BEST Team. (2008). *Preparing social work practitioners to use evidence-based practice: A comparison of experiences from an implementation project*. Swedish National Board of Health and Welfare, Institute of Evidence Based Social Work Practice.

- Bellamy, J.L., & **Bledsoe, S.E.** (2007). Electronic materials chapter 1: An introduction to scientific inquiry in social work. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bellamy, J.L., & **Bledsoe, S.E.** (2007). Electronic materials chapter 22: Inferential data analysis: part two. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bledsoe, S.E.**, & Bellamy, J.L. (2007). Electronic materials chapter 2: Evidence-based practice. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bledsoe, S.E.**, & Bellamy, J.L. (2007). Electronic materials chapter 6: Problem formulation. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bledsoe, S.E.**, & Fang, L. (2007). Electronic materials chapter 10: Causal inference and correlational designs. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bledsoe, S.E.**, & Manuel, J. (2007). Electronic materials chapter 12: Single-case evaluation designs. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bledsoe, S.E.**, & Orellana, R. (2007). Electronic materials chapter 11: Experimental designs. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Fang, L., & **Bledsoe, S.E.** (2007). Electronic materials chapter 8: Measurement. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Fang, L., & **Bledsoe, S.E.** (2007). Electronic materials chapter 13: Program evaluation. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Manuel, J., & **Bledsoe, S.E.** (2007). Electronic materials chapter 19: Qualitative data analysis. For A. Rubin & E.R. Babbie, *Research Methods for Social Work* (6th Ed.). Belmont, CA: Thompson. Brooks/Cole.
- Bellamy, J.L., **Bledsoe, S.E.**, Manuel, J., Fang, L. & Mullen, E. J. for the BEST Project Team. (2006). *BEST Training on Evidence-Based Practice*. Columbia University Willma & Albert Musher Program. Willma & Albert Musher Program at Columbia University: Columbia University. <http://www.columbia.edu/cu/musher/>.

Fang, L., Bellamy, J.L., **Bledsoe, S.E.**, Manuel, J., & Mullen, E. J. for the BEST Project Team. (2006). *Evidence-Based Practice Resources*. Columbia University Willma & Albert Musher Program. Willma & Albert Musher Program at Columbia University: Columbia University. <http://www.columbia.edu/cu/musher/>.

REPORTS

Weissman, M.M., Betts, K., Fitterling, H., **Bledsoe, S.E.**, Verdeli, H., Mufson, L., Wickramaratne, P., Hollon, S. (2004, 2005, 2006). *Bridging the Gap between Research and Clinical Practice of Modern Psychotherapy: Progress Report to Josiah Macy Jr. Foundation*. Columbia University, New York State Psychiatric Institute, New York, NY.

Bledsoe, S.E. (1999). *The Influence of Daycare During Infancy and Childhood on Sibling Relationships in Adolescence*. Perceptions of Relationships with Siblings and Parents, Department of Psychology, University of Tennessee at Knoxville, Knoxville, TN.

PRESENTATIONS

PEER REVIEWED

International

Bledsoe, S.E. & Sommer, A.R. (2009, March). *Adapting IPT for Adolescent Perinatal Depression: A Pilot Feasibility Study in a Sample of Low-income and Minority Pregnant Adolescents*. Poster, The 3rd International Conference of the International Society for Interpersonal Psychotherapy, New York, USA.

Mullen, E., Bellamy, J., **Bledsoe, S.E.**, Fang, L., & Manuel, J. for the BEST Team. (2007, October). *Preparing Social Work Practitioners to use Evidence-based Practice: A Comparison of Experiences from an Implementation Project*. Paper, Conference on Implementation and Translational Research, Lejongdal Castle, Sweden: Institute for Evidence-based Social Work Practice, Swedish National Board of Health & Welfare, Stockholm, Sweden.

Weissman, M.M., Verdeli, H., Gameroff, M.J., **Bledsoe, S.E.**, Betts, K., Mufson, L., Fitterling, H., Semple, R.J., Wickramaratne, P. (2006, May). *A national survey in evidenced based psychotherapy training in psychiatry, psychology and social work*. Poster, Annual Meeting of the American Psychiatric Association, Toronto, Canada.

Mullen, E.J., Bellamy, J.L., & **Bledsoe, S.E.** (2006, September). *Limits of Evidence in Evidence Based Policy & Practice*. Paper, International Inter-Centre Network for the Evaluation of Social Work Practice Workshop 2006: The Diversity of Research Methods, Approaches and Theories in Evaluation of Social Work Practice, Copenhagen, Denmark.

Mullen, E.J., Bellamy, J.L., **Bledsoe, S.E.**, Fang, L. & Manuel, J. (2005, November). *Implementing what works in evidence based practice*. Paper, Bielefeld University International Meeting on What Works in Social Work Practice: Towards Modernizing Social Work's Knowledge-Base, Bielefeld, Germany.

Mullen, E. J., Bellamy, J. L., & **Bledsoe, S. E.** (2004, October). *Implementing evidence-based practice in social work: A pilot study*. Paper, 7th Annual Meeting of the International Inter-Centre Network for the Evaluation of Social Work Practice: Evidence Based Social Work – New (and old?) Modes of Knowledge Production and Transfer for the Development of Social Work Practice, University of Applied Sciences, Olten Switzerland.

Mullen, E., Shlonsky, A., **Bledsoe, S.E.**, & Bellamy, J.L. (2004, October). *Challenges facing evidence based social work*. Keynote paper, Inaugural Meeting of the National Board of Health and Welfare's Institute for Evidence-based Social Work Practice, Stockholm, Sweden.

Traube, D., **Bledsoe, S.E.**, & Bellamy, J. (2004, May). *Strategies and barriers in sharing knowledge: caring for clients through methods of best practice*. Paper, Fourth International Conference on Social Work in Health and Mental Health, Quebec City, Quebec, Canada.

National

Paris, R., Suchman, N., & **Bledsoe, S.E.** (2009, April). *Best Therapeutic Practices for High Risk Mothers and Very Young Children*. Symposium, Society for Research in Child Development Biennial Conference, Denver, CO.

Bledsoe, S.E., Warrick, M., & Sommer, A.R. (2009, April). *Intervention for Adolescent Perinatal Depression: Results from a Systematic Review and Meta-Analysis of Existing Intervention Studies*. Symposium, Society for Research in Child Development Biennial Conference, Denver, CO.

Bledsoe, S.E. (Organizer), Paris, R., Hans, S., MacKenzie, M., & McDonough, S. (Discussant). (2009, January). *Interventions for Maternal Depression and Infant/Toddler Wellbeing: Building on Strengths in Vulnerable Families*. Symposium, Society for Social Work and Research Annual Conference, New Orleans, LA.

Beeber, L.S., **Bledsoe, S.E.**, Perreira, K., Holditch-Davis, D., Schwartz, T., & Canuso, R. (2009, January). *An Interpersonally-based Home Visiting Intervention: Tailoring Interpersonal Psychotherapy (IPT) for Low-Income, Limited English Proficiency (LEP) Latina Mothers*. Paper, Society for Social Work and Research Annual Conference, New Orleans, LA.

Tripodi, S.J., **Bledsoe, S.E.**, Kim, J., & Bender, K. (2009, January). *The Influence of Correctional-Based Programs on Mental Health Outcomes and Recidivism for Women Inmates: A Meta-Analysis*. Paper, Society for Social Work and Research Annual Conference, New Orleans, LA.

Bledsoe, S.E. (Organizer), Price, S.K. (Discussant), Grote, N.K., Hans, S., Manuel, J., Swartz, H.A., Geibel, S., Frank, E., Henson, L.G., Thullen, M.J., Martinson, M., Bellamy, J., & Warrick, M. (2008, January). *Understanding the Nature and Treatment of Perinatal Depression: Expanding Research Knowledge to Families, Culture, and Community*. Symposium, Society for Social Work and Research Annual Conference, Washington, DC.

- Bledsoe, S.E.** & Warrick, M. (2008, January). *Adolescent Perinatal Depression: A Systematic Review and Meta-Analysis of Existing Intervention Studies*. Paper, Society for Social Work and Research Annual Conference, Washington, DC.
- Manuel, J.I., Bellamy, J., **Bledsoe, S.E.**, & Martinson, M. (2008, January). *Estimated effects of family structure on new birth mothers' mental health: An examination of postpartum depression in a nationally representative sample*. Paper, Society for Social Work and Research Annual Meeting, Washington, DC.
- Bledsoe, S.E.**, Bellamy, J.L., Fang, L., Manuel, J., Crumpley, J., Jean-François, J., & Mullen, E. (2007, October). *Implementing Evidence Based Practice in Social Agencies: An Overview of the BEST Training with Practitioner Responses*. Paper, Counsel on Social Work Education 53rd Annual Program Meeting, San Francisco, CA.
- Manuel, J., **Bledsoe, S.E.**, Bellamy, J.L., Fang, L., Coppolino, C.F., Crumpley, J., Jean-Francois, J., Chen, T., Mullen, E.J. (2007, January). *Implementing evidence-based practice in social service agencies through a university-agency partnership*. Paper, Society for Social Work Research Eleventh Annual Conference, San Francisco, CA.
- Manuel, J.I., Martinson, M., Bellamy, J., & **Bledsoe, S.E.** (2007, January). *Chronic Stress, Social Support, and Depression Among New Birth Mothers in Urban Cities*. Paper, Society for Social Work and Research Annual Meeting, San Francisco, CA.
- Mullen, E.J., Bellamy, J.L., **Bledsoe, S.E.**, & Francois, J.J. (2006, October). *Teaching Evidence-based Practice*. Paper, Improving the Teaching of Evidence-Based Practice Symposium, Austin, TX.
- Betts, K., Weissman, M. M., Verdeli, H., Gameroff, M.J., **Bledsoe, S.E.**, Mufson, L., Fitterling, H., & Wickramaratne, P. (2006, May). *Structured Diagnostic Assessment and Neuropsychological Testing in Psychiatry, Psychology, and Social Work*. Poster, Annual Convention for Psychological Science, New York, NY.
- Weissman, M.M., Verdeli, H., Gameroff, M.J., **Bledsoe, S.E.**, Betts, K., Mufson, L., Fitterling, H., Wickramaratne, P. (2006, March). *Problems in dissemination of evidence-based psychotherapy*. Paper, 9th Annual Satellite Research Symposium of the Anxiety Disorders Association of America, Miami, FL.
- Bledsoe, S.E.**, Bellamy, J., Fang, L., Coppolino, C., Crumpley, J., Jean-François, J., & Mullen E. J. (2006, February). *Collaborative dissemination and implementation of evidence based practice in social work agencies*. Paper, Counsel on Social Work Education 52nd Annual Program Meeting, Chicago, IL.
- Bledsoe, S.E.**, Verdeli, H., Mufson, L., Mullen, E., Weissman, M. M., Betts, K., Gameroff, M.J., Fitterling, H., & Wickramaratne, P. (2006, February). *A national survey of training in evidence-based psychotherapy: implications for social work*. Paper, Counsel on Social Work Education 52nd Annual Program Meeting, Chicago, IL.

- Bellamy, J., **Bledsoe, S.E.**, Fang, L., Coppolino, C., Crumpley, J., Jean-François, J., & Mullen E. J. (2006, January). *Implementing evidence based practice: from research to the front line*. Poster, Society for Social Work Research Annual Meeting, San Antonio, TX.
- Bledsoe, S.E.**, Lukens, E., Onken, S., Bellamy, J., & Cardillo-Geller, L. (2006, January). *Mental illness, evidence-based practice, and recovery: is there compatibility between user identified recovery facilitating and hindering factors and evidence based practices?* Poster, Society for Social Work Research Annual Meeting, San Antonio, TX.
- Bledsoe, S.E.** (2005, June). *Treating depression during pregnancy and in the postpartum: a meta-analysis*. Poster, Academy Health 2005 Annual Research Meeting, Boston, MA.
- Bledsoe, S.E.** (2005, January). *Treating depression during pregnancy and in the postpartum: a meta-analysis*. Poster, Society for Social Work and Research Annual Meeting, Miami, FL.
- Grote, N.K., **Bledsoe, S.E.**, Larkin, J., & Brown, C. (2005, January). *Depression in low-income African-American and white women: the role of chronic stress*. Paper, Society for Social Work and Research Annual Meeting, Miami, FL.
- Weissman, M., Fitterling, H., Stutman, Z., **Bledsoe, S.E.**, Mufson, L., & Verdelli, H. (2004, October). *Training in evidence-based psychotherapy: a preliminary look*. Paper, American Academy of Child & Adolescent Psychiatry Fifty-First Annual Meeting, Washington DC.
- Bellamy, J., **Bledsoe, S.E.**, Traube, D. (2004, June). *Strategies and barriers in sharing knowledge: caring for clients through methods of best practice*. Poster, Academy Health 2004 Annual Research Meeting, San Diego, CA.
- Bledsoe, S.E.** (2004, June). *Treating depression during pregnancy and in the postpartum: a meta-analysis*. Paper, National Service Research Award (NSRA) Trainee Conference, San Diego, CA.
- Bledsoe, S.E.**, Bellamy, J.L., Traube, D. (2004, June). *Strategies and barriers in sharing knowledge: caring for clients through methods of best practice*. Poster, National Service Research Award (NSRA) Trainee Conference, San Diego, CA.
- Frank, E., Cyranowski, J., Olshansky, E., Swartz, H.A., Grote, N.K., & **Bledsoe, S.E.** (2004, May). *Individualizing interpersonal psychotherapy for mood disorders*. Symposium, American Psychiatric Association 157th annual meeting, New York, NY.
- Maguire, L., Koeske, G.F., Grote, N.K., Stewart, C., Sales, E., Koeske, R.D., & **Bledsoe, S.E.** (2004, January). *Social support in social work practice: conceptual and empirical*. Symposium, Society for Social Work and Research Annual Meeting, New Orleans, LA.
- Grote, N.K., Swartz, H., & **Bledsoe, B.** (2002, April). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients*. Poster, Eli Lilly and Biological Psychiatry "Difficult to Treat Depression" conference, San Francisco, CA.

Regional

Betts, K., Weissman, M. M., Verdeli, H., Gameroff, M.J., **Bledsoe, S.E.**, Mufson, L., Fitterling, H., & Wickramaratne, P. (2005, October). *Psychotherapy training in the U.S.: a national survey of psychiatry, psychology and social work programs*. Paper, Mid-Atlantic Regional Group Meeting of the Society for Psychotherapy Research, St. Mary's College, MD.

State

Bledsoe, S.E. & Wike, T. (2008, October). *Understanding and incorporating evidence-based practice into mental health services*. North Carolina Providers Council Conference. Greensboro, NC.

Beeber, L., & **Bledsoe, S.E.** (2008, March). *Mothers and very young children at risk: Recognizing and treating maternal depression*. Workshop, Prevent Child Abuse North Carolina's 26th Statewide Conference on Child Abuse and Neglect, Winston-Salem, NC.

Grady, M., & **Bledsoe, S.E.** (2008, March). *Introduction to mental health assessment*. Workshop, Prevent Child Abuse North Carolina's 26th Statewide Conference on Child Abuse and Neglect, Winston-Salem, NC.

Local

Grote, N.K., **Bledsoe, S.E.**, Larkin, J., & Brown, B. (2005, June). *Stress frequency and depression in disadvantaged women: the protective effects of optimism and perceived control*. Poster, Western Psychiatric Institute and Clinic Research Day, Department of Psychiatry, University of Pittsburgh Medical Center, Pittsburgh, PA.

Grote, N.K., Swartz, H., & **Bledsoe, B.** (2002, June). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients*. Poster, Western Psychiatric Institute and Clinic "Research Day", University of Pittsburgh School of Medicine, Pittsburgh, PA.

Grote, N.K., Swartz, H., & **Bledsoe, B.** (2002, May). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients*. Paper, University of Pittsburgh School of Medicine, Mental Health Intervention Research Center (MHIRC) Lecture Series, Pittsburgh, PA.

Grote, N.K., Swartz, H., & **Bledsoe, B.** (2002, April). *Feasibility of using brief interpersonal psychotherapy for depression in low-income ob/gyn patients*. Paper, University of Pittsburgh School of Medicine, MHIRC, Treatment Development and Assessment Core Lecture Series, Pittsburgh, PA.

INVITED

Bledsoe, S.E. (2009, April). *Engagement Interviewing: Increasing engagement and retention of clients in mental health services*. Clinical Lecture Series, University of North Carolina School of Social Work. Chapel Hill, NC.

Bledsoe, S.E. & Sommer, A.R. (2008, October). *Better Beginnings: Treatment and Prevention of Adolescent Perinatal Depression*. Presentation to Wake County Department of Health and Human Services Women's Health and Prenatal Services. Raleigh, NC.

Bledsoe, S.E. (2008, April). *Preparing Social Work Practitioners to use Evidence-based Practice: A Comparison of Experiences from an Implementation Project*. Presentation to Romanian Delegation, University of North Carolina, School of Social Work. Chapel Hill, NC.

Bledsoe, S.E. (2007, August). *Evidence-based social work practice*. Presentation, Orientation to the Field and Triangle Service Delivery System for Entering Students, University of North Carolina School of Social Work, Chapel Hill, NC.

Bledsoe, S.E. (2006, October). *Adult health care services and psychiatric disorders: the use and costs of health care services in a low income, minority population coming to an urban primary care clinic*. Paper, Columbia University School of Social Work Mental Health Services Research Training Seminar, New York, NY.

TRAININGS

Bledsoe, S.E. (2008, October). *Basic introduction to interpersonal psychotherapy (IPT) for depression*. Workshop, Southern Area Health Education Center, Fayetteville, NC.

Bledsoe, S.E. (2008, October). *Introduction to brief, culturally relevant interpersonal psychotherapy (IPT) for depression with low-income mothers*. Training, Children's Health Involving Parents, Richmond, VA.

Bledsoe, S.E. (2008, September). *Introduction to interpersonal psychotherapy (IPT) for depression*. Workshop, Mountain Area Health Education Center, Asheville, NC.

Bledsoe, S.E. (2008, July). *Engagement interviewing: principles, strategies and techniques*. Training, Feasibility of Screening and Recruitment of Community-Dwelling Mothers for a New Project Research Team Meeting, University of North Carolina School of Nursing, Chapel Hill, NC.

Bledsoe, S.E. (2008, May). *Introduction to interpersonal psychotherapy (IPT) for depression*. Workshop, Greensboro Area Health Education Center, Greensboro, NC.

Bledsoe, S.E. (2008, April). *Perinatal depression: recognizing and treating depression during pregnancy and postpartum*. Workshop, Northwestern Regional Area Health Education Center, Winston-Salem, NC.

Bledsoe, S.E. (2007, October). *Introduction to interpersonal psychotherapy (IPT) for depression*. Workshop, Eastern Area Health Education Center, Greenville, NC.

Bledsoe, S.E. (2007, September). *Perinatal depression: recognizing and treating depression during pregnancy and postpartum*. Workshop, Southern Regional Area Health Education Center, Fayetteville, NC.

EDITORIAL ACTIVITIES

CONSULTING EDITOR

2007-2010 *Social Work*

EDITORIAL REVIEW BOARD

2009-2011 *Research on Social Work Practice*

2008-Present *Social Work in Mental Health*

2008-Present *Social Work in Health Care*

2007-Present *Children and Youth Services Review*

MANUSCRIPT REVIEWER

2008 *Women's Health Issues*

2007 *Clinical Evidence*

EXPERT CONTENT EDITOR

2008 *Effective Counseling Techniques and Therapies for the Treatment of Perinatal Mood Disorders*, Continuing Education Course, Western Schools.

2008 *Perinatal Mood Disorders*, Continuing Education Course, Western Schools.

TEACHING

School of Social Work, University of North Carolina at Chapel Hill

Adult Health and Mental Health. Spring 2008, 2007; Fall, 2007, Masters Course.

Human Development in Context I: Infancy to Adolescence. Fall 2008, Masters Course.

Family and Individual Development (HBSE). Fall 2007, 2006, Masters Course.

Independent Study Supervision

Masters student: Jennifer Williams, 2008

Supervisor, Doctoral Student Research Practica

Traci Wike, 2008

Supervisor, Doctoral Student Teaching Practica

Keesha Dunbar, 2008

School of Social Work, Columbia University

Social Work Research. Spring 2006, Masters Course. Teaching Assistant.

Proseminar on Professional Identity. Fall 2005, Masters Course.

Wurzweiler School of Social Work, Yeshiva University

Psychosocial Pathology. Fall 2005, Masters Course.

Social Casework Practice II. Summer 2005, Masters Course.

School of Social Work, University of Pittsburgh

Guest lecture: *Feminist Social Work Practice with Women and Children Who Are Homeless*. January 2001, April 2001, Masters Course.

Guest lecture: *Responding to Victims and Survivors of Domestic Violence*. September 2001, Masters Course.

PROFESSIONAL EXPERIENCE

Assistant Professor, School of Social Work, University of North Carolina at Chapel Hill, 2007-present.

Instructor, School of Social Work, University of North Carolina at Chapel Hill, 2006.

Teaching Assistant, School of Social Work, Columbia University, 2006.

- Edward J. Mullen, DSW, "Introduction to Research Methods." Masters level course.

Project Coordinator, Musher Dissemination Project, School of Social Work, Columbia University, 2004-2006.

National Institute of Mental Health Trainee in Mental Health Services Research, School of Social Work, Columbia University, 2003-2006.

- Practicum Fall 2003 directed by Edward Mullen, Ph.D., Social Work
- Practicum Spring 2004 – Summer 2006 directed by Myrna Weissman, Ph.D., Clinical and Genetic Epidemiology

Preceptor, School of Social Work, Columbia University, 2005.

Adjunct Faculty, Wurzweiler School of Social Work, Yeshiva University, 2005.

Project Coordinator/Therapist, Promoting Healthy Families Project, School of Social Work, University of Pittsburgh, 2001-2003.

Transitional Housing Program Coordinator and Case Manager, Womanspace East, Inc., Transitional Housing Program, Pittsburgh, PA, 2001-2002.

Interviewer, Women's Relationship Study, Magee-Women's Hospital of UPMC Health System, 2001.

Ethnographic Interviewer, Engaging Distressed Mothers of Disturbed Children – A Research Study Funded by the National Institute of Mental Health, Western Psychiatric Institute and Clinic, 2001.

Adult Mental Health Outpatient Therapist, Turtle Creek Valley Mental Health, Turtle Creek, PA, 2000-2001.

Research Specialist/Research Assistant, Center for Mental Health Services Research, University of Pittsburgh, 1999-2001.

Case Manager, Womanspace East, Inc., Pittsburgh, PA, 2000.

Research Assistant, Perceptions of Relationships with Siblings and Parents, Department of Psychology, University of Tennessee at Knoxville, 1998-1999.

UNIVERSITY, PROFESSIONAL, COMMUNITY, AND INTERNATIONAL SERVICE
SERVICE TO THE SCHOOL OF SOCIAL WORK

Chair, Foundation Committee, School of Social Work, 2007-Present.

Member, Direct Practice Concentration Committee, 2007-Present.

Member, Curriculum Committee, 2007-Present.

Member, Teaching Circle, 2006-Present.

Presenter, Clinical Lecture Series, 2009.

Member, Students at Risk Group, 2008.

Faculty Facilitator, Preparation for Leadership Small Discussion Group, Orientation, 2008.

Presenter, School of Social Work Advisory Board Meeting in Chapel Hill, NC, 2008.

Lead Teacher, SOWO 500, Family and Individual Development, 2007- 2008.

Member, Advanced Curriculum Investment Team, 2007-2008.

Member, Human Behavior in the Social Environment Investment Team, 2006-2008.

Member, Anne Linda Furstenberg Fellowship Committee, 2007.

Supervision, Doctoral Students

- Traci Wike, Research Assistant, 2008-2009.
- Eric Garland, Instructor, *Jumpstart: Evidence Based Practice*, 2008.
- Tiffany Washington, Instructor, *Jumpstart: Evidence Based Practice*, 2008.
- Traci Wike, Instructor, *Jumpstart: Evidence Based Practice*, 2008.
- Daniel Ison, Research Assistant, 2007.

Supervision, MSW Students

- Christina Denard, Research Assistant, 2008-2009.
- Natasha Gough-Bowditch, Research Assistant, 2008.
- Jessica Parker, Research Assistant, 2008-2009.
- Robin Siska, Teaching Assistant, 2008-2009.
- Jennifer Williams, Research Assistant, 2007-2008.
- Melike Warrick, Research Assistant, 2006-2007.

Faculty Advisor,

- 1 Doctoral Student, 2008-2009.
- 6 MSW Students, 2008-2009.
- 7 MSW Students, 2007-2008.

Faculty Liaison, New and Part-Time Teaching Faculty

- Dayna Guido, Family and Individual Development, Fall 2007.
- Michael McGuire, Human Development in Context: Infancy to Adolescence, Fall 2008.
- Travis Albritton, Human Development in Context: Infancy to Adolescence, Fall 2008.
- Joan Yoo, Human Development in Context: Infancy to Adolescence, Fall 2008.

SERVICE TO THE UNIVERSITY OF NORTH CAROLINA

Carolina Summer Reading Discussion Leader, Carolina Summer Reading Program, 2008.

Participant, Tar Heel Bus Tour, 2008.

Grant Reviewer, UNC Injury Prevention Research Center, 2008.

Mentor, Womentoring Program, Carolina Leadership and Development, 2006-2007.

SERVICE TO THE PROFESSION

Consultation, Sarah K. Price, Ph.D., Virginia Commonwealth University, School of Social Work, 2008-Present.

Member, Scientific Program Committee, International Society of Interpersonal Psychotherapy Biennial Meeting, 2007- 2009.

Abstract Reviewer, Society of Social Work and Research Annual Conference, 2007, 2008.

Methodological Consultation, Nancy K. Grote, Ph.D., MSW, University of Washington School of Social Work, 2007.

Application Evaluator, Masters Applicants, School of Social Work, Columbia University, 2004-2006.

Member, Affirmative Action Committee, School of Social Work, University of Pittsburgh, 2002-2003.

SERVICE TO THE COMMUNITY

Consultant, Mental Health Services, Our Children's Place, 2007-Present.

Co-Chair, Maternal Depression Workgroup, Prevent Child Abuse North Carolina, 2007-Present.

Program Evaluation and Consultation, Womanspace East, Inc., Pittsburgh, PA, 2002-2003.

Reader, *Getting By, Getting Ahead: Women's Stories of Welfare and Work: A Community Literacy Project*, University of Pittsburgh, Women's Studies Program, Department of English, and Sociology Department, Pittsburgh, PA, 2001.

INTERNATIONAL SERVICE

Needs Assessment, Mission Program, Health Clinic, and Schools in Five Villages and Humanitarian Work, Le Croix, Haiti, 2000.

PROFESSIONAL AFFILIATIONS AND TRAININGS**PROFESSIONAL AFFILIATIONS**

Council for Social Work Education

International Society for Interpersonal Psychotherapy

National Association of Social Workers

Society for Social Work and Research

SELECTED TRAININGS

HLM Workshop, Scientific Software International, Inc., Chicago, 2007.

Introduction to Multilevel Models Using SAS, ICPSR Summer Program in Quantitative Methods of Social Research, Chapel Hill, NC, 2007.

Latent Trajectory/Growth Curve Analysis: A Structural Equation Modeling Approach, ICPSR Summer Program in Quantitative Methods of Social Research, Chapel Hill, NC, 2007.

Structural Equation Models and Latent Variables: An Introduction, ICPSR Summer Program in Quantitative Methods of Social Research, Ann Arbor, MI, 2005.

PUBLICATIONS IN PROGRESS

Bender, K., Kim, J.S., Tripodi, & S.J., **Bledsoe, S.E.** (in progress). A meta-analysis examining effective interventions for juvenile offenders.

Beeber, L.S., **Bledsoe, S.E.**, Perreira, K., Holditch-Davis, D., Schwartz, T., & Canuso, R. (in progress). An Interpersonally-based Home Visiting Intervention: Tailoring Interpersonal Psychotherapy for Low-Income, Limited English Proficiency Latina Mothers. To be submitted 2009.

Bledsoe, S.E. (in progress). Health care cost and utilization: A review of the literature related to psychiatric disorders and cost-offset. To be submitted to *Health Affairs*.

Bledsoe, S.E., Gameroff, M., & Weissman, M.M. (in progress). Utilization and cost of health care services in a low-income, immigrant population coming to an urban primary care clinic: The role of psychiatric disorders. To be submitted to *Archives of General Psychiatry*.

Bledsoe, S.E., Gameroff, M. & Weissman, M.M. (in progress). Utilization of general medical health care services in adults with psychiatric disorders: A comparison of high and low level utilization in an urban health care delivery system. To be submitted to *American Journal of Psychiatry*.

Bledsoe, S.E., Gameroff, M. & Weissman, M.M. (in progress). Cost and utilization of health care services and psychiatric disorders: The role of gender.

Bledsoe, S.E., Sommer, A.R., Warrick, M., Gough-Bowditch, N. & Denard, C. (forthcoming). Adolescent Perinatal Depression: A Systematic Review and Meta-Analysis of Existing Intervention Studies. To be submitted to the *Journal of the American Academy of Child and Adolescent Psychiatry*.

Grady, M., Werkmeister-Rozas, L., & **Bledsoe, S.E.** (in progress). Does Evidence Matter? An Exploratory Study of How Faculty Make Curriculum Decisions. To be submitted 2009.

Kim, J.S., Tripodi, S.J., **Bledsoe, S.E.**, & Bender, K. (in progress). A meta-analysis examining effective interventions for adult prisoners.

Manuel, J.I., Martinson, M., Bellamy, J., & **Bledsoe, S.E.** (in progress). Chronic stress, social support, and depression among new birth mothers in urban cities. To be submitted to *Depression and Anxiety*.

Tripodi, S.J, **Bledsoe, S.E.**, Bender, K., & Kim, J.S. (in progress). A systematic review of interventions aimed at reducing recidivism rates for adult offenders.

Tripodi, S.J., **Bledsoe, S.E.**, Kim, J.S., & Bender, K. (in progress). The influence of correctional based programs for women inmates: A meta-analysis.