

Resources for Worker Safety, Self Care and Secondary Trauma

Compiled by: The National Child Welfare Workforce Institute

Worker Safety

- [Connecticut DSS Worker Safety Training](#)
- [Introduction to Social Work Safety in a Child Welfare Environment: Crisis Intervention Transfer of Learning Tool](#)
- [NASW Guidelines for Social Worker Safety](#)
- [Safety First: Dealing with the Daily Challenges of Child Welfare](#)
- [Social Worker Safety Tips \(New York\)](#)
- [The CPS Worker: Making the Case for Safety](#)
- [Worker Safety - Supporting Staff in the Delivery of Services](#)

Self-care

- [Fostering Perspectives - Self Care](#)
- [Managing Stress as a Child Welfare Caseworker: Caseworker Readiness Activity](#)
- [Social Worker Self-Care - The Overlooked Core Competency](#)
- [Self-Care for New Child Welfare Workers: Social Worker Safety, Stress Management, and Time Management](#)
- [Self-care Starter Kit](#)

Secondary Trauma

- [Addressing Secondary Traumatic Stress Among Child Welfare Staff: A Practice Brief](#)
- [Organizational Prevention of Vicarious Trauma](#)
- [Planning for Emotional Labor and Secondary Traumatic Stress in Child Welfare Organizations](#)
- [Promoting Resilience and Reducing Secondary Trauma Among Child Welfare Staff: Participant Handbook](#)
- [Secondary Traumatic Stress: NCWWI 1-page Summary](#)
- [Secondary Traumatic Stress: A Fact Sheet for Child-Serving Professionals](#)
- [Secondary Trauma & the Child Welfare Workforce](#)