

Ongoing Professional Training 2009–2010

In collaboration with
the NC Division of Aging
and Adult Services

from

CARES

at the

*Jordan
Institute
for
Families*

CARES, the Center for
Aging Research and
Educational Services
School of Social Work
CB# 3550

University of North Carolina
Chapel Hill, NC 27599-3550
(919) 962-0650

<http://ssw.unc.edu/cares/cares.htm>

Mark your calendar and register now!

September 2009

17–18 A Multidisciplinary Look at Geriatric Mental Health: Part I, Pinehurst

22–23 Serious Mental Illness, Greenville

October

22–23 A Multidisciplinary Look at Geriatric Mental Health: Part II, Pinehurst

22–23 Serious Mental Illness, Asheville

November

3–5, 17–19 Effective Social Work Practice With Adults: CORE Curriculum, Parts
1 & 2 Washington

January 2010

5–7, 26–28 Effective Social Work Practice With Adults: CORE Curriculum, Parts
1 & 2, Gastonia

20 Ethics and Everyday Practice, Clemmons

February

3 Substance Use and Older Adults, Pinehurst

10 Beginning With the End in Mind: Refining Your Skills in Termination,
Winston-Salem

16–17 Developing Effective Helping Relationships, Statesville

23–24 Cognitive Impairments: It's Not Just Alzheimer's, Wilmington

March

2–3 Developing Effective Helping Relationships, Bayboro

15–18 Effective Supervision and Management in Adult Services: Modules 1,
4, 5, Asheboro

25–26 A Multidisciplinary Look at Geriatric Mental Health: Part I, Asheville
(and April 15-16)

30 Substance Use and Older Adults, Whiteville

April

5–8 Effective Supervision and Management in Adult Services: Modules
2, 3, 6, Asheboro

21–22 Cognitive Impairments: It's Not Just Alzheimer's, Burlington

May

4–6 & 18–20 Effective Social Work Practice With Adults: CORE Curriculum,
Asheville

12 Beginning With the End in Mind: Refining Your Skills in Termination,
Greensboro

26 Ethics and Everyday Practice, Sylva

June

2–3 Working With Older Adults, Chapel Hill

Ongoing Professional Training from CARES

Fall 2009 and Spring 2010

Developing Effective Helping Relationships

This workshop is an opportunity for those working with older adults to learn and enhance helping skills in a highly participatory two-day curriculum. This training is intended to teach participants the skills of relationship building, empathic listening, redirection, and various counseling approaches, which can be used immediately with adults and their families. Training methods include lecturates, discussion, and demonstrations, as well as extensive skills practice for participants, with individualized feedback from instructors. 25 participants; registration fee, \$40

February 16–17, Statesville

March 2–3, Bayboro

Effective Social Work Practice in Adult Services: A Core Curriculum

This six-day event is designed to help DSS adult services social workers integrate the concepts of *A Model for Excellence in Adult Services Administration and Social Work Practice* into their practice—family-centered social work, empowerment of adults and their families, and the importance of cultural differences. Participants practice basic skills in counseling, functional assessment, helping adults and families set goals, emergency and crisis intervention, and service planning and monitoring. Participants also practice using a set of tools for case record-keeping to document their practice. 25 participants; registration fee, \$65

May 4–6 and 18–20, Asheville

November 3–5 and 17–19, Washington

January 5–7 and 26–28, Dallas

A Multidisciplinary Look at Geriatric Mental Health

This four-day event provides knowledge and skills for work with older adults with mental disorders and with their families. It contains modules on normal aging; an overview of mental disorders in older adults; specialized assessment techniques; review of biopsychosocial treatments such as psychotropic medications, behavioral approaches to dementia, and counseling; and information on legal issues and community resources. 25 participants.

September 17–18 and October 22–23, Pinehurst

March 25–26 and April 15–16, Asheville

Serious Mental Illness

This two-day workshop enhances social workers' knowledge and skills in providing services to adults with serious mental illness. It covers symptoms and functional problems associated with severe and persistent mental illness; medications and side effects; emotional effects of these illnesses on adults and their families; access to mental health services; and management of difficult behaviors. 25 participants; registration fee, \$40

September 22–23, Greenville

October 22–23, Asheville

Working with Older Adults

This two-day foundation course in aging for health and human services professionals from diverse settings is designed to provide basic information and skills needed to work effectively with older adults and their families. Its eight modules cover normal aging, diversity and aging, cognitive loss and older adults, mental health issues among older adults, change and loss, family and caregiver issues, transitions, and the network of resources available to older adults. (This course replaces "An Introduction to Aging"). 25 participants; registration fee, \$40

June 2–3, Chapel Hill

Effective Supervision and Management in Adult Services

This curriculum provides knowledge and skills essential for the administrative, supportive, and educational functions of adult services managers. Each event provides the opportunity to examine current professional concepts, practice their application, and share ideas and experiences. 20 participants; registration fee, \$80 per event

This curriculum is designed to help adult services supervisors in county departments of social services refine their skills in developing and managing a diverse workforce within the agency and in identifying outcomes for clients and families, planning how to attain them, and developing collaboration within the community to improve the well-being of younger and older adults with disabilities.

The curriculum was originally designed as 6 modules offered over two years. Supervisors who completed all the modules received a special certificate. In spring 2008, the complete curriculum will be offered in two 4-day events. Participants who have already taken one or more modules may attend part of an event, with the fee prorated, to complete their work toward the certificate. (Contact Libby Phillips to make arrangements.)

I. Developing Your Workforce, March 15–18, Asheboro

Module 1: Supporting Excellent Adult Services Social Work Practice

Module 4: Directing Daily Social Work Activities

Module 5: Teaching and Motivation

II. Working with the Community, April 5–8, Asheboro

Module 2: Becoming a Leader in Planning

Module 3: Developing a Supportive Community Environment

Module 6: Managing Program Performance

Advanced Topics in Human Services Practice with Adults

Beginning with the End in Mind: Refining Your Skills in Termination

Termination is an integral part of family-centered social work practice. This workshop helps social workers and supervisors refine their skills in ending work with clients and families in a way that acknowledges successes, supports clients and families' change, and "says a good good-bye." Because not all endings are planned or positive, this event also covers strategies social workers can use to work with less than ideal outcomes. 25 participants; registration fee, \$20

February 10, Winston-Salem

Ethics in Everyday Practice

Adult services workers are faced with ethical dilemmas involving confidentiality, privacy, self-determination, boundaries, telecommunications, and dual roles, to name just a few. Effective ethical decision making requires self-reflection, knowledge of social work standards, use of resources, and supervisory support. This one-day workshop reviews ways to identify and make ethical decisions and gives participants practice in resolving everyday dilemmas. 25 participants; registration fee, \$20

January 20, Clemmons

May 26, Sylva

Substance Use and Older Adults

Alcohol and prescription drug misuse/abuse affects as many as 17 percent of older adults. This silent epidemic can mimic other behavioral or medical disorders during the assessment, screening, and treatment process. This workshop helps adult services workers recognize symptoms of substance abuse, practice screening questions, and identify treatment options in the community. 25 participants; registration fee, \$20

February 3, Pinehurst

March 30, Whiteville

Cognitive Impairments: It's Not Just Alzheimer's

North Carolina's citizens are living longer—into the ages when they are at greater risk for conditions that cause cognitive impairments. How can professionals who work with older adults support clients and their families in living as well and as freely as possible? This two-day advanced workshop will review cognitive impairments and their causes, teach strategies for assessments, and provide opportunities to practice communication skills with clients. It also addresses the needs of family caregivers, and suggests ways to support and assist these individuals in their caregiving relationships. 25 participants; registration fee, \$20

February 23–24, Wilmington

April 21–22, Burlington

Audience for These Events

Adult services social workers, supervisors, program managers, providers in the aging network, and others who provide services to older and disabled adults and their families.

Sponsors

The North Carolina Division of Aging and Adult Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute for Families at UNC–Chapel Hill School of Social Work, sponsor these workshops. The University of North Carolina at Chapel Hill and the NC Division of Aging are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

Registration

You may register online or by fax or mail. However you decide to register, **please note** that your registration is not complete until we receive your registration fee (a check made out to UNC School of Social Work; cash payments cannot be accepted) or your agency's authorization of payment.

Register online at <http://www.ncswtrain.org>.

Register by fax or mail: Print the registration form, complete it, and fax it to us at (919) 962-3653 or mail it to:

CARES, Jordan Institute for Families

School of Social Work, CB# 3550

University of North Carolina, Chapel Hill, NC

27599-3550

Please send one registration form per participant. Because events are offered in several locations and on different dates, please be sure to indicate the dates for which you wish to register. Directions to the sites will be included with the registration confirmation.

Refunds and Cancellation

We will make full refunds for cancellation before the registration deadline, which is 7 days before each event. No refund can be made for cancellations after that date, but you may send a substitute. Please call Libby Phillips at CARES, (919) 962-0650, to register a substitute.

American with Disabilities Act

If you need the aids or services provided under the **Americans with Disabilities Act** to enable you to attend these events, please contact us at least one month before the event.

Daily Schedule

Training events begin at 8:30 for registration on the first day, with instruction starting at 9:00 and ending at 4:00 on that and subsequent days.

Further Information about Registration

Please contact Libby Phillips at CARES, Jordan Institute for Families, School of Social Work, UNC–Chapel Hill, 27599-3550, e-mail ephilli@email.unc.edu, or telephone (919) 962-0650.