Celebrating Lives through Person-centered Practices

May 26, 2010 Embassy Suites Hotel, Greensboro, NC

Agenda

8:00 Conference Registration and Breakfast
9:00 Opening and Welcome
9:25 Plenary: Success Stories
10:00 Breakout Sessions (Concurrent 60-minute sessions, attend two)
12:15 Lunch (included in registration)
1:30 Breakout Sessions (Concurrent 60-minute sessions, attend one)
2:40 Experiences with Building Person-centered Organizations (Panel)
3:30 Celebrating Lives through Person-centered Practices (adjourn at 4)

Participants will have time between sessions to change rooms. Light refreshment will be available.

Plenary Sessions

Welcome
Maria Spaulding, NC’s Deputy Secretary for Long Term Care and Family Services
Joseph L. Lugo, Aging Services Program Specialist, Center for Planning and Policy Development, US Administration on Aging

Success Stories
Michael Smull, The Learning Community for Person Centered Practices

Up Close and Personal: Experiences with Building Person-centered Organizations
Panel discussion
Four organizations in North Carolina began a journey in “Building a Person Centered Organization” in the fall of 2008. Brian Center Health and Rehabilitation (Eden), Homewatch CareGivers (Charlotte), Liberty Commons Nursing and Rehabilitation of Alamance County, and Preston House Alzheimer’s Assisted Living (Charlotte) committed to an intensive process to enhance their person-centered practices. Representatives of these organizations will share not only their experience but the impact it has had on the lives of the people they support, their staff, and organization.

Celebrating Lives through Person-centered Practices
Closing

Breakout Sessions

Morning Sessions, 10:00 to 11:00

1A. Grandma Stole My Ipod: Using Technology to Implement Person-centered Practices
Jack York
The worlds of culture change and technology rarely occupy the same thought or sentence, yet technology can support an organization’s culture change journey. Computers adapted to the cognitive and physical needs of users and technological abilities of staff members can help residents stay involved and improve communication with formal and family helpers. See this adaptive technology in action, with testimonials from residents, families, and staff members, and learn how it can be integrated with activity and therapy programming, volunteer management, marketing, and outreach to the community.

1B. The Purpose Triangle: Aligning Values with Work
Christine Howell & Debbie Vassar
Have you ever wondered why some people experience “burnout”? Have you experienced it yourself? This interactive session will guide you to reconnecting with your purpose—the reasons you do the work you do. Learn about aligning and realigning your values with your work, and why this is vital for individuals and organizations that seek to be person-centered.

1C. 1 Life, 1 Page, 1 Heck of a Great Tool!: Using 1-page Person-centered Descriptions Every Day
Mary Beth Clemons
Implementing person-centered practices is not about creating better paper. We do this work to make a difference in people’s lives. When we are successful in spreading person-centered thinking skills, everyone who is part of a person’s life should have a clearer picture of the person—the needs, desires, and balance he or she hopes to achieve. This session will explore the questions: “How can I support those around the person to be successful in contributing to
planning and implementation every day?“ and “How can I take these skills from practice to habit?”

1D. Balancing Clinical Care with Person-centeredness
Christina Carter & Martha Thompson
Person-centered practices require balancing what is important TO the person with what is important FOR a person’s health, safety, and valued role in the community. How can one remain focused on what is clinically important in the context of a person’s values and wishes? This session will explore how to use person-centered practices in delivery of good clinical care in primary, specialty, and mental health services.

Morning Sessions, 11:10 to 12:15

2A. I Love to Tell the Story: Capturing Person-centered Success Stories
Michael Smull & Leigh Ann Kingsbury
Learn how you can put together short, powerful stories to share person-centered successes and struggles. The Learning Community for Person-centered Practices has developed an easy and engaging format for capturing and sharing stories.

2B. Painting Caregivers and Communities into the Person-centered Picture
Sandy Spillman
If you have had the two-day person-centered thinking (PCT) training, you are already familiar with the tools you need to address assessment of caregivers and communities effectively. This session offers tips and techniques for applying the PCT tools to the world around the person receiving support.

Val Carmine
Person-centered thinking is the critical first step toward person-centered planning, but using it effectively to help people plan the support they want and need requires some practice. Attend this session to learn more about the next step—helping people plan and get better lives.

Afternoon Sessions, 1:30 to 2:30

3A. Life in the Community: Person-centered Concepts in Action
Mary Beth Clemons
Liberty Corners in Asheville, NC, is in the fourth year of their journey in implementing person-centered organizational concepts. In this fun and informational session, you will hear from two of the people they support about their lives, their participation at Liberty Corners, and how person-centered concepts have kept them independent, active, and engaged in their home community.

3B. Update on MDS 3.0: Person-centered Care in Nursing Homes
Cindy DePorter
Beginning November 1, 2010, the MDS 3.0 has new sections and directives that take a person-centered approach to assessing residents’ needs. Cindy DePorter, Branch Manager of Quality Evaluative Systems for the NC Department of Health Service Regulation, will talk about the changes to the MDS and to federal regulations that directly address person-centered care in nursing homes.

3C. Marching Off the Edge of Our Maps: History Maps from NC’s Building Person-centered Organizations Initiative (Poster Session)
For the past two years in North Carolina, several organizations have been involved in a “Building Person-centered Organizations” initiative, which is intended to change how people in organizations think about providing supports and services. The initiative includes everyone in the organization, top to bottom and side to side. Review the maps of their journeys, follow their progress, and see how new ways of thinking have become habits for eight North Carolina organizations.

3D. Keeping the Person-centered Fires Burning: Developing and Maintaining Person-centered Learning Communities
Bill Lamb & Teresa Johnson
Being a pathfinder can be a lonely business, and people on the journey toward person-centered practice are truly pathfinders. Learning communities—groups of people who share common values and beliefs and are actively engaged in learning together—provide the place for pathfinders to communicate their personal visions about person-centered practice and develop a shared vision, grounded in trust and mutual understanding. Come hear the story of how Adult Day Services in North Carolina formed a learning community for person-centered practices.
**Registration Instructions**

**Celebrating Lives through Person-centered Practices**

**Person-centered Conference, May 26, 2010, Greensboro**

Fax this form to (919) 962-3653 or mail it to CARES, School of Social Work, CB#3550, The University of North Carolina, Chapel Hill 27599-3550, attn: Libby Phillips. Please type or write clearly.

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If you have registered under another name for training with CARES, what was it?

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**Telephone (including area code)**

We ask for home and cell numbers in case we must cancel events for weather or other emergencies.


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Please provide the following information for our records.

**Area/ Field of practice**

(check all that apply)

- Adult day services
- Area Agency on Aging/Department on Aging
- Attorney, legal services
- Department of social services
- Developmental disabilities services
- Home health care
- Law enforcement
- Long-term care (facility-based)
- Medical practice (including dentistry, optical)
- Mental health
- Senior center
- State division staff
- Substance abuse
- Vocational rehabilitation
- Other:

**Responsibilities**

- Client/consumer/family member
- Direct client service
- Line supervisor
- Trainer/staff development
- Student/student intern
- Program manager
- Program/admin. Support
- Director
- Other:

- Not applicable

**Highest degree**

- HS
- Associate
- Bachelor’s
- Master’s
- Doctorate

**What field?**

**Registration fees**

- Individual: $65.00
- 3 or more people from the same organization: $55.00 each

*Please complete a registration form for each person. Please indicate here the name of the organization and the last names of two or more of the other registrants.*

**Payment Option**

- Check enclosed
- Agency Authorization of Payment enclosed

*Please note: Registration forms must be accompanied by a check or authorization to be accepted.*

Lunch and breaks are included in the registration fee.

- I prefer a vegetarian meal.

To participate in this conference, do you need assistance as noted in the **Americans with Disabilities Act**? If so, please contact Libby Phillips at CARES as soon as possible and by April 26 at the latest.