

Client: Mr. Pirelli Case # 22222

Adult and Family Service Plan

X Initial Update Quarterly Reassessment ID # 22222222222

(Use additional sheets as necessary) Date initiated 03-30-03

Checklist for Change (Problem/Need)	Goal	Target Date	Activities/Services	Person/ Agency Responsible	Activity Done	Goal Met
1. Mr. Pirelli has lost a lot of weight. He is 5'7" and 100 lbs. His wife used to do all the cooking.	Mr. Pirelli will maintain his current weight or gain weight.	4-30-03	<ol style="list-style-type: none"> 1. Schedule Dr. 's appt., screen for depression 2. Refer to congregate meal site. 3. Refer to in-home services for someone to cook & prepare nutritious meals. 4. Monitor weight monthly. 5. Have a nutrition specialist from the health department make a home visit to teach nutrition & cooking skills. 	Client, SW, Dr., congregate meal site, in-home services, health department		
2. Mr. Pirelli does not have friends to play bocce with here.	Mr. Pirelli will participate in bocce or another activity that he enjoys with others 1x a week.	4-30-03	<ol style="list-style-type: none"> 1. Contact area senior center, churches, and community groups to get a list of monthly activities. 2. Mr. Pirelli will review list and pick an activity. 3. Have Mr. Pirelli offer to teach a class on bocce in the area. 4. Have daughter, Elisa, visit regularly while she still lives close by. 	Client, SW, community organizations, daughter		
3. Family members all live far away & Mr. Pirelli can't afford to call them often. Family believes he needs "looking after."	Mr. Pirelli will be able to be in contact with his family as much as he wants. Family will be confident in client's well-being.	4-30-03	<ol style="list-style-type: none"> 1. Assist with developing a budget. 2. Family will purchase phone cards to send to Mr. Pirelli so he can call whenever he wants. 3. A family member will call at least 1x a week. 4. Purchase Life Line so family will know that help is there with a push of a button. 5. Schedule for a visit with family up north in warmer weather. 6. Set up an e-mail account at the library. 	Client, SW, family, Life Line, library		

4. Mr. Pirelli does not sleep well and seems to be sad- he recently lost his wife of 50 years	Mr. Pirelli will be able to sleep well at night. Mr. Pirelli will be able to work through the grieving process & will not be depressed.	6-30-03 6-30-03	1. Schedule a Doctor's appointment. 2. Review meds. Possible need for a short-term sleep agent. 3. Set up a meeting with a counselor. 4. Mr. Pirelli will get involved with activities he enjoys. 5. Encourage reminiscing, if this is positive for Mr. Pirelli. 6. Encourage family involvement.	Client, SW, Doctor, Counselor, Area Community Groups, Family		
5. Bottom plate of dentures is broken.	Dentures will be fixed & will work properly.	6-30-03	1. Refer to Affordable Dentures or dentist. 2. Check to see if a payment plan can be worked out. 3. Obtain the new bottom plate of dentures.	Client, SW, Dentist		
6. Mr. Pirelli does not always have the money to cover things he needs.	Mr. Pirelli's needs will be met on a monthly basis.	5-30-03	1. Review income and expenses and help to set up a budget. 2. Refer to local food bank. 3. Work through issues of accepting assistance. 4. Check on eligibility for food stamps, Medicaid, & SAIH (if available).	Client, SW, Food Bank, DSS, Family		
7. Mr. Pirelli has some difficulty doing some IADLs (weeding, cleaning, etc.) due to arthritis in his knees and wrists.	Mr. Pirelli's weeding, cleaning, yard work, etc., will be maintained. Mr. Pirelli will maintain as much independence as possible.	4-30-03	1. Mr. Pirelli will continue to do as much yard work and cleaning as he is capable of doing. 2. Contact a local church or Boy Scout group to assist with other yard work or weeding. 3. Obtain a "grabber" so Mr. Pirelli will not have to bend as much. (med. supply or sr. center) 4. Refer to in-home services to assist with routine cleaning. 5. Evaluate arthritis and physical health at Dr.'s appointment (see first item).	Client, SW, church group, Boy Scout group, medical supply or check senior center for durable med. equipment loans, In-home services, doctor		

Social Worker

Client

Other (optional)

Date

Date

Date