Teaching notes for “It’s Just That Much Harder: Multilayered Hardship Experiences of Low-Income Mothers With Disabilities”
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Slides 1-2
This presentation would be appropriate for courses on Adult Health and Mental Health, Discrimination and Inequality, Social Policy, and Organization and Community Practice

Slides 3
Review slide.

Slide 4
Review slide. Discuss the relationships between low income women, women with disabilities, and women of a racial minority. What are some possible explanations for these relationships?

Slide 5
Review slide.

Slides 6-8
Review slides. Why might SSI payments not increase if a woman has children? What impact might this have on SSI recipients?

Slide 9
Review slide. Discuss possible sources of stress and resilience among this population.

Slides 10
Review slide.

Slide 11
Review slide. Discuss why it might be important to consider other forms of oppression when studying women with disabilities.

Slide 12
Review slide. Discuss possible sources of stress and resilience among this population.

Slide 13
Review slide
Slide 14
Review slide. Discuss possible reasons for the lower number of participants with intellectual disabilities. What does that mean for the generalizability of this study?

How might policy initiatives differ for the women with children under 5 years of age compared to those over 5 years. Discuss possible examples of policies targeting the women with children under 5? What about school age children?

Slides 15-22
Review slides.

Slides 23-26
Review slides. From the students’ experiences, do these hardships typify other diverse populations?

Slides 27-29
Review slides.

Slides 30-33
Review slides. Discuss these coping strategies and aspirations from a strengths based perspective.

Group Activity:
Divide class into groups 4 groups. Ask groups to create intervention strategies that address the hardships and challenges faced by women with disabilities. Ask students to create macro and micro level interventions. Be sure to consider race, gender, parenthood and economic status when developing interventions. Have groups come back together and share intervention with the class.

Slides 34-35
Review slides.

Slide 36
Review slide. Discuss rules for social service recipients that contradict traditional family values. What are some possible explanations for why these rules exist?

Slide 37
Review slide. Discuss possible reasons why the mothers’ disability-based discrimination was not their primary challenge.

Slide 38
Review slides.

Slide 39
Review slide. Discuss how support groups could lead to empowering this population. Consider opportunities for activism.
Slide 40
Review slide. Discuss social workers role in assisting this population.

Slides 41-42
Display references