Teaching notes for “Juggling and Struggling: A Preliminary Work-Life Study of Mothers with Adolescents Who Have Developmental Disabilities”
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Slides 1-2
This presentation would be appropriate for courses on Adult Health and Mental Health, Discrimination and Inequality, Social Policy, and Organization and Community Practice

Slide 3
Review slide.

Slide 4
Review slide. What implications does the decline in traditional services like after school programs have for families with children with disabilities?

Slide 5-8
Review slide.

Slide 9
Review slide. Why might maternal employment lead to improved mental and physical health?

Slide 10
Review slide. What are the benefits of considering the employment of mothers of children with disabilities using a life course perspective?

Slides 11-12
Review slides

Slide 13
Review slide. What are some of the benefits of conducting a qualitative study on this subject?

Slide 14
Review slide

Slide 15
Review slide. How might including a sample of mothers from the same disability service provider be a limitation to the study’s generalizability?
Review slides. Given that 100% of the sample was White, what effect might race and culture have on the experiences of mothers of adolescents with developmental disabilities?

Review slide.

Review slide.

Review slides. Ask whether anyone in the class had experience working in schools. If so, what was their perception of the schools’ programs for children with developmental disabilities? What about specific to adolescents?

Review slides. Why might services decline at adolescence?

Review slide. What are the practice implications of these findings? Does this require a radical change in the way that practitioners approach working with persons with developmental disabilities?

Review slides.

Review slides. How might the problems identified by the mothers in these focus groups be similar to problems in the general healthcare system?

Review slides

Review slide. How might the socioeconomic status of the mothers influence the strategies used to balance work and family responsibilities?

Review slides.

Review slide. What effect could sibling support have on the sibling?
Slide 34-36
Review slides. Have students discuss whether current policies should encourage maternal employment? Should government incentives be offered? If so, what would this look like?

Slides 37-39
Review slides

Slides 40-41
Review slides

Class Activity
Divide the class into small groups. Using their knowledge of developmental disability service system, ask students to develop alternative services to assist families of children with disabilities with employment. Where would the money for such services come from? Family members? Taxes? Have each group outline their main discussion points to the class.

Slides 42-45
Display references